

# ACT



Helping young people stay on track

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Dear Parent/Carer

We are writing to inform you of our plans to organise a 10-week swimming course at Riddings Pool, Enderby Road, DN17 2JL.


This course is well suited to all abilities, including non-swimmers and anyone who is interested in being more confident in swimming.

If your child requires, they are able to wear swimming shorts and a top for comfort.


Please sign below if you are happy for your child to participate in swimming with Act Fast NL Ltd

Signed: \_\_\_\_\_ Dated: \_\_\_\_\_

If you are happy for your child to participate, we ask that you please provide some information asked below:

 Can the child in question swim?

\_\_\_\_\_

 Do they hold any relevant badges? If yes, please expand

\_\_\_\_\_

 If known, how long can the child in question swim for unaided?

\_\_\_\_\_

Yours sincerely,  
Peter Sembiante

Principal  
Act Fast NL Ltd