

Transition to F. E.

Transition to Further Learning or Employment

Key Stage 4 Sports Careers advice

Focus of skills
Emphasis is on developing team actions in order to overcome an opponent as part of a group or squad

Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems

Analyse their performance compared to previous ones and demonstrate improvement to achieve their personal best

Take part in competitive sports and activities outside school through community links or sports clubs

Summer Striking and fielding games
Cricket, Rounders, Kick-Rounders, French Cricket, baseball

Spring Target games
Archery, Shooting, Bowling, Snooker, Basketball

Spring Challenge games
Rock Climbing, Cross country running, Circuit training, Gym, Bowling, Athletics

Focus of skills
Develop strategies for success in the given sport with emphasis of personal achievements

Summer Term

Summer Net/wall games
Badminton, Tennis, Squash, Volleyball, spot football, table tennis

Spring Term

Aim: Ensure that pupils engage in competitive sport and activities

Aim: To ensure that pupils are active for sustained periods of time and lead healthy, active lives

Aim: Develop competence to excel in a broad range of physical activities

Focus of skills
Learn the basic objectives of a game and participate in group activities

Autumn Invasion games
Tag games are games in which two or more players chase other players in an attempt to 'tag' them and score a point.

Autumn Cooperative games
Badminton, Tennis, 2-on-2 basketball, volleyball, Dodgeball

Autumn Term

Key Stage 4

Key Stage 4 Core P.E Year 10 & 11

Perform and gain knowledge of dances using advanced dance techniques within a range of dance styles and forms

Develop their technique and improve their performance and health in a variety of competitive sports

Use a range of tactics and strategies to overcome opponents in direct competition through team and individual games